

Month-Long Challenge-
Cafe Crawl Bingo

Walktober 2025

A month long community building and goal setting event

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
Welcome Week 5	Walktober Kickoff Event 12-2pm 6	7	8	9	10	At Home Challenge Local Park 11
Community Week 12	13	14	15	Waterfront Walk 5:45-6:25pm 16	17	At Home Challenge Walk with a Friend 18
Mental Health Week 19	20	Campus Park Walk 12:45-1:25pm 21	22	23	24	At Home Challenge Meditation Walk 25
Harvest Week 26	27	28	29	Haunted Portland Walk 5:45-6:25PM 30	31	At Home Challenge Trick Or Treat

Steps count
until 11/7/25