

SUMMER 2024 AQUATICS SCHEDULE

JUNE 15 - SEPTEMBER 21

Groupx Fitness & Learn/Improve Swimming programs end August 31



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lap Swim & Spa 7 am - 1 pm	Lap Swim & Spa 7 am - 1 pm	Lap Swim & Spa 7 am - 1 pm	Lap Swim & Spa 7 am - 1 pm	Lap Swim & Spa 7 am - 3:30 pm
Adaptive Lane 7 am - 1 pm Lane 1	Adaptive Lane 7 am - 1 pm Lane 1	Adaptive Lane 7 am - 1 pm Lane 1	Adaptive Lane 7 am - 1 pm Lane 1	Adaptive Lane 7 am - 3:30 pm Lane 1
	Swim X 7:30 am - 9 am		Swim X 7:30 am - 9 am	
Adult Clinics 1-3 11 am - 12 pm	Deep Water X 9 am - 9:45 am	Adult Clinics 1-3 11 am - 12 pm		Intro to Swim X 11 am - 12 pm
POOL & SPA CLOSED 1 PM - 3 PM	POOL & SPA CLOSED 1 PM - 3 PM	POOL & SPA CLOSED 1 PM - 3 PM	POOL & SPA CLOSED 1 PM - 3 PM	
Lap Swim & Spa 3 pm - 6:30 pm	Lap Swim & Spa 3 pm - 6:30 pm	Lap Swim & Spa 3 pm - 6:30 pm	Lap Swim & Spa 3 pm - 6:30 pm	Open Rec Swim 2 pm - 3:30 pm
	Open Rec Swim 3 pm - 6:30 pm		Open Rec Swim 3 pm - 6:30 pm	
Youth Swim Lessons 3:15 pm - 6:30 pm	Adaptive Lane 3 pm - 6:30 pm Lane 3	Youth Swim Lessons 3:15 pm - 6:30 pm	Adaptive Lane 3 pm - 6:30 pm Lane 3	

SATURDAY	SUNDAY
Lap Swim & Spa 10 am - 1:30 pm	POOL & SPA CLOSED ALL DAY
Open Rec Swim 10 am - 1:30 pm	
Adaptive Lane 10 am - 1:30 pm Lane 3	

SWIM CLINICS & EVENTS	
POOL & SPA CLOSURES	
June 17th & June 18th	Closed All Day
Women-Only Swim	
Friday, July 19th	2 pm - 3:30pm
Saturday, August 24th	12 pm - 1:30 pm
Men-Only Swim	
Saturday, July 20th	12 pm - 1:30 pm
Friday, August 16th	2 pm - 3:30 pm
Log Roll	
Thursdays: 8/15, 8/29, 9/19	4 pm - 6 pm

ADAPTIVE LANE

Lane 1 is an adaptive priority swim lane, with an ADA pool lift and stairs, that is available when scheduled for persons needing accommodations. The lifeguards are happy to help if assistance is needed.

KEY

	AQUATICS
	INCLUSIVE REC
	GROUP X FITNESS
	LEARN/IMPROVE SWIMMING
	POOL CLOSURE



QUESTIONS OR ACCOMMODATIONS:
Email our Aquatics team at aquatics@pdx.edu.
Campus Rec makes every effort to be accessible to all abilities.
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