

Winter 2010 Syllabus for
**CRN 43996: WS 363 001 – Moving Beyond Trauma:
Healing & Resiliency in Children & Adults**

Instructor: Cammie Hering, MA, phone # (503) 229-3160
Teaching Assistant: Keely Haugen
Student Mentor: Matthew Mulhern
Office: Women's Studies Department, phone # (503) 725-3516
Office Hours: 30 minutes before or after class or by appointment
Required Text: On sale during the class, text for class \$10.00 for Course Packet, make checks payable to PSU Women's Studies, cash discouraged.

Objectives of the Course:

1. Examine the concepts of trauma and resilience.
2. Review the research findings regarding resilience.
3. Appreciate the many mediums for healing from trauma.
4. Create your own vision of healing.

Requirements for the Course: (Grading Scale posted on Blackboard class site)

- 5 pts - Blackboard Agreement, any student utilizing the Blackboard system is required to respond to this agreement (shown on-line) or lose 15 points – due by **Tuesday 02/16/10.**
- 15 pts - Attendance, each three hour block is worth 5 pts, 2 points will be deducted for each hour (or substantial portion thereof) that is missed. If more than 3 hours of class are missed, no credit for the course will be awarded. Points will be posted by 10:00 a.m. **Tuesday 02/16/10.**
- 10 pts - 10 true/false/multiple choice questions covering written material - will be posted by noon on Sunday 05/10/09, due by 10:00 a.m. **Thursday 02/18/10.**
- 10 pts - 50 word brief essay - identify & clearly define what piece of new information was the most important to you – due by 10:00 a.m. **Thursday 02/18/10.**
- 60 pts - 500 word thoughtful essay integrating issues covered within the course into a personal statement of what having “healed” would look like – due by 10:00 a.m. **Tuesday 02/23/10.**
- Materials received after 10:00 a.m. on the assigned date will be deducted 20 points for being late.

The exam is a take home. The open book exam, the true/false/multiple choice questions will be posted on the Blackboard class site on Sunday 02/14/10 by Noon. All class materials must be posted on the class Blackboard site by the times specified above; the system will automatically register any and all materials received thereafter as late and be marked down 10 points.

If you are a student with a documented disability and registered with the Disability Resource Center, please contact Cammie immediately to facilitate arranging appropriate academic accommodations.

Graded assignments for this class will be available on the Blackboard class site no later than Tuesday, August 18th at 5:00 p.m. However, it is suggested that

students check the site frequently because assignments will be uploaded as soon as they have been graded.

MORE ABOUT THE BRIEF AND THOUGHTFUL ESSAY ASSIGNMENTS

The brief essay is to be **type written, double-spaced**, no less than 50 words. Do not exceed one page for this portion of the exam, nor run significantly shorter than one long or two short paragraphs. In this concise little essay please identify & then clearly define what piece of information was the most important. If there was nothing new for you, what was the point raised that you feel is most important in discussing resilience (10 points).

The 500 word thoughtful essay is to be approximately two **typed written, double spaced** pages - do not exceed four and a half pages, nor run significantly shorter than two pages. This essay should be uploaded into the Blackboard site. I want to see that you have carefully considered the information provided in this class and have integrated some of the information into **your own** statement of what it looks like to have “healed.” Not every facet of healing discussed in class must be incorporated into your essay, however, your essay must include at least two or more concepts presented in class. *Your essay should clearly cite the sources (Cammie Hering’s lecture 00/00/00; Gina Higgins, Course Packet, p. 90) and also identify your opinion as just that. Always use the first and last name the first time you cite a speaker or author.* This second essay (500 words, 60 points) should **not** be entirely a detailed description of personal experiences, nor should it be mere recitation of printed or lecture material.

Please be clear, THESE ESSAYS ARE NOT TO BE REFLECTION PAPERS. You don’t need to agree with the instructors nor any or all of the written material, however all positions taken should be well defended. **For both essays, points will be deducted for poor grammar, lack of proof reading as well as spelling errors.**

EXTRA CREDIT

You can earn 1 point for every typo or content error (extra words, missing words, the wrong word) you find in the syllabus, agenda, exam, or the course packets. Credit will be awarded only if you are accurate in your perception of an error (if you think it is the wrong word but it is not, you don’t get the extra point), and if you provide identifying information such as the page number and paragraph in which the typo appears.

Extra spaces between or within words do NOT count for extra credit. These spaces are the result of some sort of malfunction between the word processing program Cammie uses and her printer.

A maximum of 10 extra credit points can be earned by finding typos and errors. Also, you can only make one extra credit submission.