

The HOOTER



Retirement Association of Portland State March 2003

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Anderson reminiscences slated for RAPS March 20 General Meeting

Pauline and Lloyd Anderson will look back over their public careers and private lives at the RAPS General Meeting, March 20 at 1 pm. The meeting will be held in Room 296/98 Smith Memorial Student Union.

Their programs is entitled “154 years of the World According to Lloyd and Pauline.” It was first presented on March 2, 2002, to celebrate their 34th wedding anniversary, Pauline’s 78th birthday, and Lloyd’s 76th birthday.

Set against the background of the Great Depression, World War II

and the Vietnam era, the story is liberally sprinkled with humor and cartoons.

Lloyd, a former Portland City Commissioner and Executive Director of the Port of Portland, recalls the summer of 1939 when he, his father and pal, Jack, spent the summer panning for gold on the Rogue River. Total take — \$50!

Pauline, who served as a Multnomah County Commissioner and who was the first woman president of the City Club of Portland, recalls her days at the Hosford Elementary School in the early thir-

Kosokoff reviews work for world tribunal

The difficulties of working in strife-wracked countries were described by Steve Kosokoff, emeritus professor of communication, at the RAPS February General Meeting. The meeting was attended by 51 persons in Room 327, Smith Memorial Student Center.

His work included interviewing witnesses to war crimes and collecting evidence about the kidnaping and sale of women who were

forced into prostitution. He said he and his fellow workers were constantly haunted by questions about whether what they were doing was having an effect.

He found that one man he interview for three hours in 1997 about a Serb massacre of 37 Albanians testified at Milosevic’s trial in The Hague in 2002.

The pressures of politics from
(Continued on Page 4)

RAPS night at the opera — 5/9

Details will be published in the April issue of *The Hooter*
For information, reservations call (503) 725-3447

Christmas joy — and mayhem — and murder

By Stanley Johnson
Professor Emeritus of English

A customary school assignment used to be an essay on “What I Did on My Vacation.” Herewith is my variation on the subject. During the recent Christmas holiday, I re-read several favorite novels about murder at Christmas — a sanguinary subject but one whose virtues corresponded nicely with the holiday season.

First on my list was Agatha Christie’s *Murder for Christmas* (also published as *Hercule Poirot’s Christmas* and *A Holiday for Murder*), which has all the basic Christmas elements. Rich old Simeon Lee summons all the members of his family to his English country estate for Christmas, though they dislike each other and normally do not meet.

He announces that he is changing his will — and is promptly murdered. Hercule Poirot, who is visiting an old friend, nearby, is called in to assist the local constabulary — and during a grim Christmas week, finds a murderer, as he expects, within the family.

One of Dame Agatha’s best-plotted novels, this one is notable for the way in which the author plays with her readers, giving them many obvious clues but in such a subtle way that we hardly recognize them when we see them. A delicious holiday treat, even better on the second or third reading.

Next I read Cyril Hare’s *An English Murder*, a novel in which a similar situation occurs. The aging and ailing Lord Warbeck also summons his dissident family to his country estate for Christmas and finds that their old animosities are still alive. The one son is murdered and the old lord dies mysteriously — as a heavy snowfall leaves them all snowbound. A tangled web of deceit, revolving around intricate inheritance laws, ensues; before the mystery is solved, old injustices are righted, and a thaw sets in. A happy Holiday read!

Ellis Peter’s *The Confession of Brother Haluin* doesn’t fit quite as neatly into the category of Christmas mysteries, though it does begin during a heavy snowstorm at the Abbey of St. Peter and St. Paul in December of 1142.

One of the monks, Brother Haluin, falls while helping to clear the roof of snow and is seriously injured. He makes a deathbed confession of a grave event in his past — but recovers and deter-

mines to make a journey of expiation and reconciliation, accompanied by Brother Cadfael, the series’ central character.

The difficult journey leads to the uncovering of treachery and deceit in the past and murder in the present. Grim as these realities are, Haluin and Cadfael discover that only by facing them can they reach the spirit of peace and contentment with which the book ends — a fitting accompaniment to the Christmas season.

I ended my holiday reading with a delicious short story — Arthur Conan Doyle’s *The Adventure of the Blue Carbuncle*, which is unique in the Sherlock Holmes canon in several ways. It is the only Holmes story set at Christmas, the only one in which no major crime is committed, and the only one that ends happily for all of its characters — except perhaps the poor goose who swallows a precious gem and ends up as a Christmas dinner.

Why read about murder and mayhem during the Christmas season at Christmas? Because these detective novels ultimately assert the values of the season. They customarily begin with an irruption of the social order, something totally out of place in a season of good will, murder generally being considered the worst breach, and they attempt, in solving a crime, to repair that breach.

As Hercule Poirot says in one of his novels — when a crime is committed, everyone is under suspicion, and no one can rest easily until it is solved. When it is, the social order is restored, and the virtues of justice, rationality and peace prevail again. My Christmas reading of literary murders reinforced that concept.

Phoebe J. Misner dies at age 86

Phoebe Jane Misner died on December 20, 2002, at the age of 86. She was an administrative assistant at PSU.

She was preceded in death by her husband of eight years, Ivan, who died in 1950.

Survivors include her son, Tom; daughter, Patricia; three grandchildren and one great-grandchild.

A memorial gathering was held on January 15 in Cannon Beach. Remembrances may be made to the Cannon Beach Library.

Oxygen is vital to raise stamina and strength

By Mike Tichy,

Professor Emeritus of Health Education

When people working out in gyms are asked about what they feel the most important results of the conditioning programs are, the most commonly heard response is, “More energy — less fatigue.”

How do we explain this relief from fatigue and tiredness brought about by a better level of physical fitness? There are several factors to explain this energy renewal. It is due to the life-giving element oxygen.

In a previous article, I explained the process by which oxygen is transported from the environment throughout the human system.

To refresh your memories, it is breathed into the lungs, where it links up with the blood, which is then pumped by the heart throughout the body. I have also explained that improved fitness through exercise makes the complex process easier and more efficient. Greater quantities of oxygen are thus available just where the vital substance is needed — at each muscle of the body. Actually, a person’s energy level depends on the availability of oxygen to the active muscles.

The question comes up, why is this so? Because vigorous physical activity can be sustained only a

minute or two without oxygen. Oxygen is a necessary factor for the burning of foodstuffs stored in the muscles, which must occur if vigorous activity lasts more than a couple of minutes.

Any prolonged action of any muscle of the body depends on this process of oxidation to generate any unit of energy. Any body movement you make, whether it is a small movement of the hand or using the larger muscles of the legs in running or the long arm muscles in playing tennis, all depend on the availability of oxygen at the point where your power to move is needed — in the muscles themselves. You must burn foodstuffs stored in the muscles or supplied by the blood to produce energy. And the body must have oxygen “on the spot” to burn the food stuffs.

The more oxygen at the point of burning, the brighter and hotter the fire will be. It is much the same circumstances in the burning of fuel stored in the muscles to produce energy. Oxygen must get to the point where it is needed, and it must be available for the burning of the stored fuel. Generally speaking, as more energy is needed, more foodstuffs must be consumed to produce it, and more oxygen is needed to burn this fuel. Thus, the importance of oxygen for increasing a person’s energy is directly related to the burning of this fuel.

Eleanor Hardt (ED), wife of Ulrich Hardt (ED), dies of cancer

By Vic Dahl

Professor Emeritus of History

Eleanor Hardt, spouse of Emeritus Professor of Education Ulrich (“Rick”) Hardt, died on November 6, 2002, after an eight-year cancer illness. Eleanor Culp was born in Oklahoma in 1938 and attended public schools there before coming to Portland in 1957 to study the pipe organ and attend Lewis and Clark College, where she completed teacher training and a master’s degree.

She married Rick in 1958, began teaching in the Portland Public Schools in 1967, and pursued further graduate studies at PSU and the University of Oregon. Eventually she became a social studies curriculum specialist for the Portland Public Schools and taught methods classes in the PSU Graduate School of Education before retiring in 1994. Rick began his

retirement this year.

The Hardts actively engaged in community affairs involving the arts and cultural events. Eleanor held several church organist positions in the metropolitan area, and Rick served concurrently as music and choir director at these churches. She and Rick frequently engaged in international travel and residence abroad for educational purposes.

The Hardts enjoyed a wide circle of longtime friends in the University community, and her presence will be sadly missed. We extend our heartfelt condolences to Rick, their sons Anthony of Seattle and Christopher of Portland, and grandchildren Adrian and Oliver.

Remembrances should be sent to the Eleanor Hardt Memorial Scholarship Fund in Teacher Education, PSU Foundation, PO Box 243, Portland OR 97207.

“Bess”, David Newhall memorialized at PSU

By John Hammond
Professor Emeritus of Philosophy

A memorial honoring David and Geraldine Newhall was held Sunday, January 19, in the Multi-Cultural Center at PSU. The gathering pretty much filled the space of the former Portland Room restaurant.

Along with many Portland State folks, there were also people from the community who had met Geraldine during her years of social activism in Portland.

D. Teeter (BA) dies at 78

By Vic Dahl
Professor Emeritus of History

David Teeter died February 14 at the age of 78. He was born October 29, 1924.

David was a part time accounting instructor at Portland State from 1955 until 1965. His service coincided with the transition of the Division of Social Science's Business section into the College of Business Administration. Concurrently, he managed a private certified public accountancy practice until 2001.

Like many colleagues during the institution's formative years, David utilized ongoing professional experience to enhance classroom teaching. His classes attracted large enrollments, and he earned the highest respect from his departmental colleagues.

David graduated from Washington High School, earned a degree at Willamette University, and served as a naval supply officer. His many public service roles included Oregon CPA Society board membership and participation in the Oregon Memorial Association and Oregon Ecumenical Ministries.

Memorial services were held February 18, 2003, at the Colonial Heights United Presbyterian Church where he was a longtime active member.

In 1950 he married Lillian Zimmerman who died in 1999. Three children, five grandchildren, two sisters and a brother survive him.

On a personal note, I met Dave on the first day of my PSU career when we became office mates by sharing a desk located in a sliding door space dividing the living and dining rooms of an old residence on Broadway.

The Rev. Stephen Schneider of Grace Episcopal Church welcomed those present, and a dozen or so persons rose to share their thoughts about the Newhalls, beginning with their daughter, Cynthia

Others speaking included former neighbors of the Newhall family, co-workers of Geraldine's, and a colleague and former students of David's. Their remarks, on the whole, conveyed a satisfying blend of the serious, the sad and the light-hearted.

There was a musical interlude by local musicians who knew the Newhall family, culminating in a moving rendition of the duet from Porgy and Bess (alluding to David's affectionate nickname for Geraldine, "Bess").

After the formal gathering, guests met for a social hour with refreshments in the nearby Browsing Lounge of Smith Center, where they had an opportunity to visit with each other and with the three Newhall children present: Cynthia, Sarah and David, Jr.

Donations may be made through the PSU Foundation to the David H. Newhall Center for the Study of Nonviolence or to the Ecumenical Ministries of Oregon.

Kosokoff From page 1

the major European countries, each with its own special interests, was a further complicating factor.

A major difficulty in bringing about a change in regime involves "lustration." It is the label for the problem of what should be done with the underlings and even the middle-management level of workers of the regime being changed.

The question arises — how does one ascertain their fitness to remain in positions of responsibility or even power? What is to happen to them?

"Positive Discrimination" was also cited by Kosokoff as a problem in that the will of the majority might readily be sacrificed to accommodate minority issues. He cited the case of the Macedonian Constitution which provides that any law having to do with flags, customs and schools must not only have a majority approval in the congress, but it must also have a majority within every nationality block.

He also cited the police officer who, after completing a human rights class, asked, "But how do you get evidence without torture?"