

## **Patrick “Rick” Johnson, Ph.D.**

Portland State University  
Counselor Education Program  
PO Box 751, Portland, OR 97207  
503-725-9764 johnsonp@pdx.edu

---

### **EDUCATION**

- Ph.D.** *Counseling Psychology* (APA Accredited)  
New Mexico State University, August 1996
- MFT Cert.** *Post-Master's Training Program in Family Therapy* (AAMFT COAMFTE Accredited)  
Philadelphia Child Guidance Clinic & University of Pennsylvania, August 1989
- M.S.** *Psychological Services*  
University of Pennsylvania, August 1988
- B.A.** *Psychology*  
Fairfield University, May 1986

### **EXPERIENCE**

#### **Associate Professor & Program Director**

Counselor Education Program, Portland State University (CACREP Accredited)  
Portland, Oregon. September 2004 - present (Adjunct Associate Professor 9/03 - 8/04)

Provide administrative leadership of the Counselor Education program; teach graduate courses; pursue scholarly activities and collegial collaboration; provide service to the university and community.

#### **Licensed Psychologist - Private Practice**

13831 NW Cornell Rd, Suite 103  
Portland, Oregon. November 2003 - present

Provide individual, couples, and family therapy to children, adolescents and adults; provide clinical supervision, consultation, and coaching services.

#### **Adjunct Instructor**

School of Professional Psychology, Pacific University (APA Accredited)  
Portland, Oregon. April 2004 - July 2004

Taught Couples Counseling course in the clinical psychology doctoral program.

#### **Associate Professor / Program Leader**

Department of Health and Human Development, Montana State University (CACREP Accredited)  
Bozeman, Montana. August 1997 - August 2003

Taught graduate and undergraduate courses; provided clinical supervision; pursued scholarly activities; provided leadership as the MHC Program Leader; provided service to university and community; provided counseling and supervision at MSU Counseling & Psychological Services (APA Accredited).

**Licensed Professional Counselor - Private Practice**

121 W. Kagy Blvd.

Bozeman, Montana. December 1997 - August 2003

Provided individual, couples, and family therapy to children, adolescents and adults; provided clinical supervision to post-master's counselors; provided consultation and coaching services.

**Assistant Professor (lectureship)**

Department of Counseling, San Francisco State University (CACREP Accredited)

San Francisco, California. August 1996 - June 1997

Taught graduate counseling courses; provided clinical supervision to master's students; pursued scholarly activities; provided academic advisement; provided service to university and community.

**Psychology Intern / Instructor**

University Counseling Center, University of Utah (APA Accredited, IACS Approved)

Salt Lake City, Utah. September 1995 - August 1996

Provided intakes, individual, group, couples, family, and career counseling; provided campus outreach; provided LD assessments; provided clinical supervision; taught undergraduate and graduate courses.

**Coordinator / Supervisor**

The Counseling Clinic, Department of Counseling and Educational Psychology, New Mexico State University, Las Cruces, New Mexico. August 1993 - May 1995

Coordinated all services offered at the counseling clinic which serves a diverse university student population; provided clinical supervision to master's counseling interns.

**County-Designated Mental Health Professional**

Columbia River Mental Health Services, Crisis Services Department

Vancouver, Washington. July 1991 - July 1992

Provided a variety of interventions to resolve psychiatric crises: evaluations for involuntary hospitalization, crisis outreach, emergency counseling sessions, and crisis phone contacts.

**Family Therapist / Clinical Supervisor**

Family Services Association of Atlantic County, Adolescent Partial Care Program

Absecon, New Jersey. July 1989 - May 1991

Provided intakes and individual, group and family therapy; developed behavior modification system; provided individual supervision for staff and master's practicum students; led treatment team meetings.

**Psychiatric Technician**

Metropolitan Hospital, Adult Inpatient Unit

Philadelphia, Pennsylvania. September 1988 - June 1989

Provided therapeutic milieu, structured activities, crisis intervention, and group therapy for chronically mentally ill adults.

**Psychiatric Social Worker**

N.E. Community Center for Mental Health/Mental Retardation, Diagnostic and Emergency Services  
Philadelphia, Pennsylvania. May 1988 - April 1989

Provided evaluations for involuntary hospitalization, emergency counseling sessions, crisis phone contacts, and crisis outreach.

**Child Life Counselor**

Philadelphia Child Guidance Clinic, Inpatient Unit  
Philadelphia, Pennsylvania. April 1988 - September 1988

Provided therapeutic milieu, structured activities, crisis intervention, and group therapy.

**Child and Family Counselor**

Children's Home of Burlington County  
Mount Holly, New Jersey. October 1987 – August 1988

Provided individual, group, and family counseling to children and adolescents in a residential setting; coordinated home visits; implemented behavior modification system.

**Mental Health Specialist**

University of Medicine and Dentistry of New Jersey, Adolescent Inpatient Unit  
Piscataway, New Jersey. June 1986 - August 1987

Provided intakes, therapeutic milieu, structured activities, crisis intervention, and group therapy.

**PUBLICATIONS**

Jenkins, S. M., Buboltz, W. C., Schwartz, J. P., & Johnson, P. (2005). Differentiation of self and psychosocial development. *Contemporary Family Therapy*, 27, 251-261.

Lindley, L. D., Buboltz, W. C., Johnson, P., & Nichols, C. N. (2004). Family environment, ego identity development, and career decision. *Louisiana Journal of Counseling*, 7, 9-27.

Buboltz, W. C., Johnson, P., & Woller, K. (2003). Psychological reactance in college students: Family of origin predictors. *Journal of Counseling and Development*, 81, 311-317.

Johnson, P., Buboltz, W. C., & Seemann, E. (2003). Ego identity status: A step in the differentiation process. *Journal of Counseling and Development*, 81, 191-195.

Johnson, P., Smith, A., & Nelson, M. D. (2003). Predictors of social interest in young adults. *Journal of Individual Psychology*, 59, 281-292.

Johnson, P. (2002). Predictors of family functioning within alcoholic families. *Contemporary Family Therapy*, 24, 371-384.

Johnson, P., Nichols, C. N., Buboltz, W. C., & Riedesel, B. (2002). Assessing a holistic trait and factor approach to career development of college students. *Journal of College Counseling*, 5, 4-14.

- Buboltz, W. C., Thomas, A., & Johnson, P. (2001). The relationship between the MBTI and SII: Implications for conjunctive use in counseling. In F. Columbus (Ed.), *Advances in psychology Research* (pp. 109-139). Huntington, NY: NOVA Science Publishers, Inc.
- Johnson, P. (2001). Dimensions of functioning in alcoholic and nonalcoholic families. *Journal of Mental Health Counseling*, 23, 127-136.
- Johnson, P., Thorngren, J. M., & Smith, A. (2001). Parental divorce and family functioning: Effects on differentiation levels of young adults. *The Family Journal*, 9, 265-272.
- Buboltz, W. C., Johnson, P., Nichols, C, Miller, M., & Thomas, A. (2000). MBTI personality types and SII personal style scales. *Journal of Career Assessment*, 8, 131-145.
- Johnson, P., & Buboltz, W. C. (2000). Differentiation of self and psychological reactance. *Contemporary Family Therapy*, 22, 91-102.
- Nelson, M. D., Johnson, P., & Thorngren, J. M. (2000). An integrated approach for supervising mental health counseling interns. *Journal of Mental Health Counseling*, 22, 45-58.
- Nelson, M. D., & Johnson, P. (1999). School counselors as supervisors: An integrated approach for supervising school counseling interns. *Counselor Education and Supervision*, 39, 89-100.
- Johnson, P., Buboltz, W. C., & Nichols, C. (1999). Parental divorce, family functioning, and vocational identity of college students. *Journal of Career Development*, 26, 137-146.
- Johnson, P., & McNeil, K. (1998). Predictors of developmental task attainment for young adults from divorced families. *Contemporary Family Therapy*, 20, 237-250.
- Johnson, P., & Nelson, M. D. (1998). Parental divorce, family functioning, and college student development: An intergenerational perspective. *Journal of College Student Development*, 39, 355-363.
- Johnson, P., & Waldo, M. (1998). Integrating Minuchin's boundary continuum and Bowen's Differentiation scale: A curvilinear representation. *Contemporary Family Therapy*, 20, 403-413.
- Johnson, P., & Wilkinson, W. K. (1995). The "re-nesting" effect: Implications for family development. *The Family Journal*, 3, 126-131.
- Johnson, P., Wilkinson, W. K., & McNeil, K. (1995). The impact of parental divorce on the attainment of developmental tasks of young adulthood. *Contemporary Family Therapy*, 17, 249-264.
- Merta, R. J., Johnson, P., & McNeil, K. (1995). Updated research on group counseling: Educators, Coursework, theory, and teaching methods. *The Journal for Specialists in Group Work*, 20, 132-142.
- Johnson, P. (1991). Family empowerment: A model for child and adolescent day treatment programs. *Oregon Counseling Journal*, 13(2), 30-32.

## PROFESSIONAL PRESENTATIONS

- Johnson, P., & Christensen, L. (2006, May). *Integrating psychotherapy and spirituality: Practical applications*. Presentation at the annual meeting of the Oregon Psychological Association. Portland, OR.
- Buboltz, W., Schwartz, J., Johnson, P., Walczyk, J., & Campbell, A. (2005, February). *Parenting styles and psychological reactance*. Paper presented at the annual meeting of the Association of Behavioral and Social Sciences. Las Vegas, NV.
- Buboltz, W., Johnson, P., Woller, K., & Wilkinson, L. (2003, August). *Parenting styles and differentiation of self*. Poster presented at the annual meeting of the American Psychological Association. Toronto, Canada.
- Nelson, M. D., & Johnson, P. (2002, October). *Training intern site supervisors: A working model*. Presentation at the national meeting of the Association for Counselor Education and Supervision. Park City, UT.
- Johnson, P., Smith, A., Nelson, M. D., & Buboltz, W. (2002, August). *Predictors of social interest in young adults*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Buboltz, W., Johnson, P., Woller, K., & Krenek, R. (2002, June). *College student sleep difficulties: A national problem*. Paper presented at the annual meeting of the American Psychological Society. New Orleans, LA.
- Schwartz, J., Buboltz, W., Johnson, P., Waldo, M., & Nelson, K. (2002, June). *The relationship between attachment and psychological separation*. Paper presented at the annual meeting of the American Psychological Society. New Orleans, LA.
- Johnson, P. (2001, October). *Clinical supervision: An introduction*. Presentation at the annual meeting of the Montana Counseling Association, Big Sky, MT.
- Thorngren, J., Johnson, P., Smith, A., & Korizek-McKenzie, C. (2001, October). *What we've learned and are continuing to learn from the profession – An interactive panel discussion*. Invited participant in panel discussion at the annual meeting of the Montana Counseling Association, Big Sky, MT.
- Johnson, P., Buboltz, W. C., & Seemann, E. (2001, August). *Differentiation levels of young adults: Effects on career development*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Darkangelo, D., Buboltz, W., Johnson, P., Woller, K. (2001, June). *Differentiation of self predicts psychological reactance*. Paper presented at the annual meeting of the American Psychological Society. Toronto, Canada.
- Jenkins, S., Buboltz, W., Johnson, P., Seemann, E. (2001, June). *Differentiation of self relates to psychosocial development*. Paper presented at the annual meeting of the American Psychological Society. Toronto, Canada.

- Roper, K., Johnson, P., Nichols, C., & Buboltz, W. (2001, June). *A study of family environment, adolescent identity status, and future occupational success*. Paper presented at the annual meeting of the American Psychological Society. Toronto, Canada.
- Wood, J., Johnson, P., Buboltz, & Beatty, S. (2001, June). *Psychological attachment predicts differentiation of self from the family*. Paper presented at the annual meeting of the American Psychological Society. Toronto, Canada.
- Johnson, P., Palmer, J., Milner, C., Phillips, J., & Jorgensen, H. (2000, October). *The effects of parental alcoholism and family functioning on young adult development*. Presentation at the annual meeting of the Montana Counseling Association, Whitefish, MT.
- Johnson, P., & Buboltz, W. C. (2000, August). *Ego identity status: A step in the Differentiation process*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Johnson, P. (1999, October). *Control-mastery theory*. Presentation at the annual meeting of the Montana Counseling Association, Great Falls, MT.
- Johnson, P., & Buboltz, W. C. (1999, August). *Differentiation of self and psychological reactance in college students*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Nelson, M., & Johnson, P. (1998, October). *Counseling supervision: An integrated approach for supervisors*. Presentation at the annual meeting of the Montana Counseling Association, Great Falls, MT.
- Buboltz, W. C., Johnson, P., Nichols, C., & Miller, M. (1998, August). *MBTI personality types and SII personal style scales*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Nichols, C., Johnson, P., Buboltz, W. C., & Riedesel, B. (1998, August). *Pre-post study of career self-efficacy, decision making, and vocational identity*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.
- Johnson, P. (1997, October). *Parental divorce and young adult development: An intergenerational perspective*. Presentation at the annual meeting of the Montana Counseling Association, Bozeman, MT.
- Waldo, M., Nelson, M., Rifenburg, D., Horswill, R., & Johnson, P. (1997, October). *Diminishing division: Purging counselor education of debilitating masters level specializations*. Presentation at the annual meeting of the Rocky Mountain Association for Counselor Education and Supervision, Jackson Hole, WY.
- Johnson, P., Buboltz, W. C., & Nichols, C. N. (1997, August). *Parental divorce, family functioning, and vocational identity of college students*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.

- Nichols, C., Buboltz, W., & Johnson, P. (1997, August). *Relationship among family functioning, identity, and career development of college students*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Johnson, P. (1996, April). *Predictors of developmental task attainment for young adults from divorced families*. Paper presented at the annual meeting of the Rocky Mountain Psychological Association. Park City, UT.
- Nichols, C., Buboltz, W. C., & Johnson, P. (1996, April). *Using professional psychology training centers to prepare students as scientist-professionals*. Paper presented at the annual meeting of the Rocky Mountain Psychological Association. Park City, UT.
- Johnson, P., & Waldo, M. (1995, October). *Integrating Minuchin's affiliation/boundary continuum and Bowen's differentiation scale: A curvilinear representation*. Poster session presented at the annual meeting of the Rocky Mountain Association for Counselor Education and Supervision, Breckenridge, CO.
- Merta, R. J., Johnson, P., & McNeil, K. (1995, August). *Tenure and promotion: Effects on faculty and student research productivity*. Poster session presented at the annual meeting of the American Psychological Association, New York, NY.
- Johnson, P., & Wilkinson, W. K. (1994, August). *An empirical examination of the effects of parental divorce on young adults*. Paper presented at the annual meeting of the American Psychological Association, Los Angeles, CA.
- Johnson, P., & Wilkinson, W. K. (1993, October). *Adult children returning home: Implications for family development*. Paper presented at the annual meeting of the Rocky Mountain Educational Research Association, Las Cruces, NM.
- Merta, R. J., Johnson, P., & McNeil, K. (1993, October) *The reward factor: Faculty perceptions of the criteria for tenure and promotion*. Paper presented at the annual meeting of the Rocky Mountain Educational Research Association, Las Cruces, NM.
- Merta, R. J., & Johnson, P. (1993, March). *Research on the use of experiential group in preparing group counselors*. Paper presented at the annual meeting of the American Counseling Association, Atlanta, GA.

## GRANT ACTIVITY

- Johnson, P. (2000-2002). *Montana GEAR UP Career Resource Guide*. Montana GEAR UP grant.
- Johnson, P. (2001). *Master's degree in school counseling via distance learning/web-based technologies*. Distance/Distributed Learning Program Grant.
- Johnson, P. (2000). *Personal and career counseling for victims of domestic violence: Reducing violence by providing options*. Grant proposal submitted to Target Stores – not funded.

## LICENSURE / AFFILIATIONS

Licensed Psychologist: Oregon  
Clinical Member: American Association for Marriage and Family Therapy  
Licensed Clinical Professional Counselor: Montana  
Member: American Psychological Association  
Member: Counseling Psychology (Division of APA)  
Member: American Counseling Association  
Member: Association for Counselor Education and Supervision  
Member: Oregon Psychological Association  
Member: Oregon Association for Marriage and Family Therapy

## PROFESSIONAL SERVICE

Editorial Reviewer: Contemporary Family Therapy. 5/98 – present.  
Annual Conference Committee: Oregon Psychological Association. 5/05 – present.  
Professional Development Committee: American Mental Health Counselors Association 3/01 – 8/03.  
President: Montana Association for Counselor Education and Supervision. 10/01 – 8/03.

## HONORS / AWARDS

**Outstanding Article Award: Article of the Year (1995).** The Journal for Specialists in Group Work  
**Mariani Award: Outstanding Graduate Student (1994).** New Mexico Psychological Association  
**Graduate Student Research Awards (1993, 1994).** The Graduate School, New Mexico State Univ.  
**Research Fellowship (1989).** Graduate School of Education, University of Pennsylvania