

Chi Sigma Iota



the Connection

Pi Sigma Upsilon

Fall 2009

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LETTER FROM THE ADVISOR

The beginning of the academic school year is upon us. As you plan for future semesters, I would like for you to consider your goals for the future. I would also like to take a few moments to remind you of the importance of membership in Chi Sigma Iota. Whether you are considering pursuing a doctoral degree or anticipate that you will work as a school or community counselor, membership in Chi Sigma Iota provides valuable experience and exposure to the profession of counseling.

Often, students ask why they should consider CSI membership. After all, the life of a graduate student is often hectic. Graduate students have many responsibilities above and beyond school and taking on another responsibility is a decision that must be made with great caution. However, there are some commitments that aid and encourage your growth as a student. These commitments afford a graduate student an opportunity for growth that he or she may not have otherwise experienced. For example, as a member of Chi Sigma Iota International, you have the opportunity to be nominated for awards, fellowships, and grants and to attend CSI-related leadership development functions at the American Counseling Association conference each year. All CSI functions provide the opportunity for students to meet and interact

with experienced clinicians and great scholars and leaders within the counseling profession. In keeping with CSI efforts, Our Chapter of Chi Sigma Iota is involved in many activities that advocate for the counseling profession as well as activities which help our community.

In closing, I'd like to congratulate you on your admission to Portland State University's Counselor Education program. I would also like to invite you to consider joining CSI for the 2009-2010 academic year when you receive your letter of invitation based upon your 3.5 grade point average and promise of a commitment to personal and professional excellence. For more information on our chapter of Chi Sigma Iota, please feel free to contact me, Chapter Faculty Advisor, Dr. Lisa Aasheim or Tammy Shauman, President or visit the CSI website at www.csi-net.org.

Sincerely,
Dr. Lisa Aasheim
Chapter Faculty Advisor

Win \$100 Gift Card for the PSU Bookstore!

For \$3.00 a chance you can win a gift card and help raise money for CSI. Enter every semester!

Chi Sigma Iota

Tammy Schamuhn - President

Hello everyone! My name is Tammy Schamuhn and I'm the president of CSI for the 2009-2010 academic year, as well as our department's research assistant. I'm in my second year in the Marriage & Family track, and have loved every minute of my studies so far—as I'm sure you will, too. I'm a Canadian citizen, from Edmonton, Alberta, and I moved to Oregon to work on my Master's. I'm unsure if I'll move back up north yet, as I fell in love with Portland the minute I moved here; it's an easy place to love! I hope to meet many of you as the year progresses. Don't hesitate to say hello and approach me with any questions or comments. Good luck and congratulations on your acceptance into PSU's Master's in Counseling program.

Victoria Larson - Treasurer

Hello all! My name is Victoria Larson and I am the treasurer for CSI. I am entering my second year in the graduate program for marital and family counseling. I would like to welcome you all into the program and look forward to meeting you! I am available should I be able to assist you in your transition into the program and thereafter. Congratulations on your acceptance, it's quite an exciting time!

Sarah Pattee - Social Chair

Social Chair sounds like it has something to do with having fun—and we counseling grad students need all the fun we can get! A “Freudian French Fry Fest” perhaps? A CSI Karaoke fundraiser (who's going to sing Kanye West's “Therapy” – uh, maybe not!). Most of all, social events will give us all a chance to connect and support each other through the challenging times (DMS-4, anyone?), as well as raise funds and make CSI an even better organization. (Personal stuff: '08 cohort, MFT track.)

Danielle Nelson - Vice President

I am a second year student in the community track. I moved to Portland from Red Deer, Alberta to attend graduate school at PSU. I found my first year in the counseling program to be a very challenging/rewarding experience and I am excited to begin my second year. Once I graduate I would like to work with high-risk youth and their families in a community setting. I look forward to meeting many of you. Welcome to the program and to the start of a new journey!

Camille Keith - Mentorship

I'm a member of the 2007 Cohort, Community Track. I'm looking forward to starting my internship at the PSU Community Clinic this fall. This year I will be serving as the Membership and Mentorship Chair for CSI, so feel free to contact me if you have any questions. I look forward to getting to know all of you, and hope you enjoy your first year in the program!

Nicole Ayala - Secretary

I'm a member of the 2008 school track. I grew up in Chicago, Illinois and moved to the Pacific Northwest five years ago. I look forward to finishing up my next two years of the program as I am anxious to work with adolescents to help them achieve their goals. Welcome to program, I look forward to getting to know you!