Strengths, Needs and Culture Discovery

Parent(s) Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_ Date Completed and Reviewed with Parents:\_\_\_\_\_\_\_\_\_\_\_\_\_

Identified Child:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_

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| **Family Overview**  *How the parents see their situation*    *Hopes for the future*  *What they want their family and professionals to know about how to help*  *What has worked in the past/not worked in the past?*  *What will help support their child while in placement? (Mental health, physical health, education, comfort and adjustment)* |  |
| **Strengths (***Values, attitudes, skills, abilities, cultural beliefs and traditions, preferences)*  *Parent’s strengths*  *Caregiver’s strengths*  *Child’s strengths*  *How parent and family strengths can help support*   * *The child while in placement* * *The caregiver (to understand the child’s; to stabilize placement)* * *The parents address safety issues and achieve goals for their family* |  |
| **Extended Family /Natural Supports/Resources**  *Relationships with extended family*  *Close friends, family-like; People in the family’s life who can help;*  *Resources/environmental supports that can help* |  |
| **Goals and Needs**  *What the parents and extended family sees as important to accomplish for child and family safety and well being*  *Issues and concerns to address so goals can be accomplished*  *What does the child need*   * *For a safe return home to parents* * *For stability and well-being while in care?* |  |
| **Trauma Considerations**  *Child exposure to trauma, triggered behaviors; strengths and resiliency factors; identified needs for support*  *Parental history of trauma, triggered behaviors; strengths and resiliency factors; identified needs for support* |  |